

## CALENDAR OF EVENTS

### FRIDAY, NOVEMBER 2

**Jekyll Island Paddle + Camp** – Nov 2-4. A weekend of camping, paddling, beach walks, fishing, hiking, biking and environmental education that includes a Gatorology 101 presentation and a special tour of the Georgia Sea Turtle Center. More info: [GeorgiaConservancy.org](http://GeorgiaConservancy.org).

**Sustainable Atlanta Roundtable** – 7-9am. Topic: Green real estate, opportunity zoning. Southface Campus, Home Depot Foundation Training Center, 241 Pine St NE Atlanta. More info: [Southface.org](http://Southface.org).

### SATURDAY, NOVEMBER 3

**The Shamans Path Weekend Intensive** – Nov 3-4. 10am-5pm. With Don Simmons. This is an extensive class to include: principals of Shamanism, developing a relationship with an Animal and Spirit Guide, Learning to Journey, listening to the body (medical intuition) and principals of Shamanic Healing. \$150. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. Register: [PhoenixAndDragon.com](http://PhoenixAndDragon.com).

**Voyager Star** – 1:30-5:30pm. With James Wanless, PhD. In this introduction to becoming a Certified “Voyager Navigator” with Captain Voyager, James Wanless, experience the highest and deepest, true expression of tarot as a transformation tool. \$75. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. Register: [PhoenixAndDragon.com](http://PhoenixAndDragon.com).

### MONDAY, NOVEMBER 5

**Living Foods Institute Healthy Lifestyle Programs** – Oct Nov 5-19. 9am-4pm. 1-, 5-, 10-, 15- & 30-day programs as well as Super Detox Days. Hands-on training in the raw and living foods recipe preparation, emotional/mental healing, cleansing/detoxification and more. Fee according to package; some scholarships available. Living Foods Institute, 1700 Commerce Dr, Atlanta. 404-524-4488. [LivingFoodsInstitute.com](http://LivingFoodsInstitute.com).

**Fall in Love with Your Self-Care this Holiday Season** – 4-7pm. Features Blue Thunder guided meditations and tarot readings, free chair massages, free mini-facials, door prizes, \$20 ionic detox foot baths. Warrior Body Spa, 2298 Brockett Rd, Tucker. 404-994-4498. [WarriorSpa.com/events](http://WarriorSpa.com/events).

**Sustainability Interactive! 6.0** – 5-8pm. Theme: Beyond the Bin: A Multi-Sector Discussion about Waste. Keynote speaker Jens Peers, Chief Investment Officer for Sustainable Equities at Mirova, will speak on A Global Perspective on Sustainability Excellence. The Vista Room, 2836 LaVista Rd, Atlanta. More info & register: [GreenCS.org](http://GreenCS.org).

## **TUESDAY, NOVEMBER 6**

**Reflexology Certification** – 10am-1pm. A 14-wk Certification Course with Roz Zollinger, Certified Reflexologist and Instructor. Based on Roz Zollinger's BodySystems Method of Reflexology. A comprehensive training program designed to provide all the necessary skills and knowledge to practice this established and popular natural healing art. Heal Center, 270 Carpenter Dr, Ste 500, Sandy Springs. 404-307-0004. [HealCenterAtlanta.com](http://HealCenterAtlanta.com).

## **WEDNESDAY, NOVEMBER 7**

**Healing Night** – 6:45-8:30pm. Varied healing modalities represented. Each healer will have their own station where they will do their healing work and where guests may sit and observe other sessions. \$10; no one turned away for lack of funds. The Center for Love and Light, 1145 Zonolite Rd, Ste 10, Atlanta. More info & to register: [WithLoveAndLight.com](http://WithLoveAndLight.com).

**Transmission Meditation** – 7:30pm. Do you want to help the world but don't know how? A potent, simple meditation requiring no previous experience. Introductory talk followed by meditation. Free. Sponsored by Share International USA Southeast Region. Friends House, 701 W Howard Ave, Decatur. 404-680-7423. Info-se@share-international.us. [Share-International.us/se/upcoming\\_events](http://Share-International.us/se/upcoming_events).

## **THURSDAY, NOVEMBER 8**

**Fusion AromaTherapy and Pain** – Nov 8-11. 9am-5pm. Madeleine Kerkhof's integrative approach to aromatherapy, using conventional essential oils and base oils and compounds, as well as CO2 extracts. Heal Center, 270 Carpenter Dr, Ste 500, Sandy Springs. 404-307-0004. [HealCenterAtlanta.com](http://HealCenterAtlanta.com).

**Conscious Communication Workshop** – 6:30-8:30pm. With Sonali Sadequee. Learn to hone your empathy, deep listening, and authentic sharing skills using empowering language that is healing and supportive. Build intimacy, trust, connection and navigate challenging conversations. \$15 suggested donation. Center for Love & Light, 1145 Zonolite Rd NE, Ste 10, Atlanta. [Sustainable-Wellness.com](http://Sustainable-Wellness.com).

## **SATURDAY, NOVEMBER 10**

**Atlanta Veg Fest** – 10am-5pm. A day of engaging speakers, delicious food, a vendor marketplace and fun for all ages. \$5 donation. Cobb Civic Center, 548 South Marietta Pkwy SE, Marietta. [AtlantaVegFest.com](http://AtlantaVegFest.com).

**Quarterly Clean-up at Murphey Candler Park** – 1-4pm. Join the Friends of Murphey Candler Park to conduct periodic maintenance of the park. Murphey Candler Park, 1551 W Nancy Creek Dr NE, Atlanta. More info: [ParkPride.org](http://ParkPride.org).

## **SUNDAY, NOVEMBER 11**

**Wetland Restoration Project** – 1-4pm. Help remove invasive Chinese privet and other non-natives in and around our wetlands in order to encourage native plant restoration. CNC, 9135 Willeo Rd, Roswell. 770-992-2055. Registration required: [Volunteer@ChattNatureCenter.org](mailto:Volunteer@ChattNatureCenter.org).

**Magic Planet CD Release Party** – 4-6pm. Release party for the Magic Planet CD. Performance by Shanti Price, Eryn Price-Ormsby, Kathie Holmes and Jeff Mosier, and special guests Mark Nelson and Light Matter. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. Register: [PhoenixAndDragon.com](http://PhoenixAndDragon.com).

## **WEDNESDAY, NOVEMBER 14**

**Green Wednesday** – 11:45am-1pm. Speaker: Jim Konides with Blusion. Blusion brings sustainable practices to wash and dry cleaning. 5 Seasons Westside, 1000 Marietta St, Atlanta. More info & register: [GreenCS.org](http://GreenCS.org).

## **SATURDAY, NOVEMBER 17**

**Introduction to Transmission Meditation** – 2pm. Including video presentation featuring the late Benjamin Creme. A potent, simple meditation to help the world and accelerate personal development. Free. Sponsored by Share International USA Southeast Region. Winder Library, 189 Bellview St, Winder. 404-680-7423. Info-se@share-international.us. [Share-International.us/se/upcoming\\_events](http://Share-International.us/se/upcoming_events).

## **SUNDAY, NOVEMBER 18**

**Raw & Living Foods Banquet Feast & Graduation Party** – 3:30pm. Delicious organic raw and living foods buffet and testimonies from students who have completed the Healthy Lifestyle Course. Open to the public. \$5-\$10 donation appreciated. Living Foods Institute, 1700 Commerce Dr, Atlanta. For reservations: 404-524-4488. [LivingFoodsInstitute.com](http://LivingFoodsInstitute.com).

## **MONDAY, NOVEMBER 19**

**Raw & Living Foods Educational Seminar & Recipe Demonstration** – 7pm. Learn how to reverse and slow aging, heal disease, increase energy, reach ideal weight and more. Enjoy recipe demo and taste delicious recipes. Get questions answered. Open to the public. \$5-\$10 donation appreciated. Living Foods Institute, 1700 Commerce Dr, Atlanta. For reservations: 404-524-4488. [LivingFoodsInstitute.com](http://LivingFoodsInstitute.com).

## **TUESDAY, NOVEMBER 20**

**Transmission Meditation** – 7:30pm. Do you want to help the world but don't know how? A potent, simple meditation requiring no previous experience. Introductory talk followed by meditation. Free. Sponsored by Share International USA Southeast Region. Phoenix & Dragon Annex (Clifford Steele Building), 5505 Roswell Rd, Atlanta. 404-680-7423. Info-se@share-international.us. Share-International.us/se/upcoming\_events.

## **SATURDAY, NOVEMBER 24**

**Starlab** – 1pm. 2 25-min shows. Take a journey through the night sky viewing stars and locating constellations. Included in general admission. CNC, 9135 Willeo Rd, Roswell. 770-992-2055. ChattNatureCenter.org.

## **SATURDAY, DECEMBER 1**

**Phoenix and Dragon's Celestial Soirée** – 10am-8pm. Join us for a day of festivities, fun, door prizes and refreshments to welcome the holiday season. Phoenix & Dragon Bookstore, 5531 Roswell Rd NE, Atlanta. 404-255-5207. Register: PhoenixAndDragon.com.

## **SUNDAY, DECEMBER 2**

**Post-Feast Detox and Kickstart Weight Loss for Holiday Health** – 9am-4pm. Flood your body with healthy nutrition and enjoy 4 detox/weight loss-supporting therapies for a quick detox and tools to help you stay healthy through the holidays. \$398/person, \$500/2 people. Living Foods Institute, 1700 Commerce Dr, Atlanta. Registration deadline Nov 29: 404-524-4488. LivingFoodsInstitute.com.

**Downtown Village Marketplace** – 12-4pm. Get in the festive spirit and holiday shop to raise money for the Dancers Unite Against Cancer 2019 Recipient. The Nancy Falco Fund presents the marketplace at The Atrium, 236 Auburn Ave, Atlanta. For more info, or to become a vendor: DancersUnite.com.

## **FRIDAY, DECEMBER 7**

**A Winter Weekend Retreat at Elohee Center in the N GA Mountains** – Dec 7-9. Joy is not something we create; it is already here! Come to relax and remember with mindfulness practices, forest bathing, silence, yoga nidra meditation and restorative yoga. More info, Linda L. Davis, MSW: 706-878-0036 or LindaLDavis.net/retreats.